

High blood glucose (HYPERGLYCEMIA)

High blood glucose (blood sugar) happens when there is too much glucose in your blood. Here's what may happen when your blood glucose is high:



Very thirsty



Needing to pass urine more than usual



Very hungry



Sleepy



Infections or injuries heal more slowly than usual



Blurry vision

Avoid high blood glucose by:

- Taking your medicines as directed
- Following your meal and physical activity plan



Don't forget!

Check your blood glucose regularly

Call your doctor if you have symptoms of hyperglycemia or your blood glucose has been above your goal for >3 days

Learn more about hyperglycemia at [Cornerstones4Care.com](https://www.cornerstones4care.com)